

# GOOD SHEPHERD SCHOOL

\* Hello \* Kia Ora \* Malo e Lelei \* Namaste \* Cead Mile Failte \* Talofa Lava \*  
\* Kia Orana \* Zdravo \* Dzień Dobry \* Apa Kabar \* Guten Tag \* An Nyung Ha Se Yo \*  
\* Privet \* Kwaziwai \* Mabuhay Kayo \* Kon Nichi Wa \* Hola \* Ola \* Salaam \* Fakalofa Atu

Update Notice, 22 February 2018



## Remembering Lent

Lent is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday. Lent is a special time when you can share the concepts of prayer and giving with your children. Take family time each day to offer devotional prayers. Consider as a family how you might help others in need by giving of your time or resources. Even very young children can understand and will enjoy participating in the process.



Almighty and Everlasting God,  
You have given the human race  
Jesus Christ our Saviour as a model of humility.  
He fulfilled Your Will by becoming Man  
And giving His life on the Cross.  
Help us to bear witness to You  
By following His example of suffering  
And make us worthy to share in His Resurrection.  
We ask this through our Lord Jesus Christ, Your Son

## Good Shepherd Awards

Last week we congratulated **Miguel Biado** from Room 7 and **Daniel O'Reilly** from Room 6 for winning the Good Shepherd Awards. Thank you Miguel and Daniel for being such great role models for our values of care, respect and honesty.



## Good Shepherd Awards

This week we congratulate **Dana Fa'apopo** from Room 4 and **Maggie Shaw** from Room 9 for winning the Good Shepherd Awards. Thank you Dana and Maggie for being such great role models for our values of care, respect and honesty.



## Swimming Certificates

Swimming certificates will be awarded after whole school prayers on **Monday 25<sup>th</sup> February**.

## Easter Break

The school will close for Easter from Friday 30<sup>th</sup> March to Tuesday 3<sup>rd</sup> April. School will resume on Wednesday 4<sup>th</sup> April at 8.50am.

If you have any empty 2 litre milk containers, could we please have them at school. We will be using them for our aquatics programme. Please bring them to Room 3.

## Attendance Dues

School account statements have been emailed out and hard copies sent home via the children. Payments can be spread out over the year but must be paid by December 1<sup>st</sup>. Please commence payments as soon as possible. If you are paying in term instalments, the first instalment is due by week 6.

If you have any questions regarding your account, please contact Kathryn in the school office or email [accounts@goodshepherd.school.nz](mailto:accounts@goodshepherd.school.nz)

The school dues bank account is: 12-3067-0208272-02

## Walking School Bus Award



The winner is – **Matthew Clement** from Rocket Snails for a Good Start to the Year with Great Listening and Behaviour.

## GSS PTA Caring Committee

The PTA, as part of its school community focus, has a Caring Committee that gives support to families within the school by providing meals, school lunches, baking and other services. Families can be in need for a variety of reasons such as sickness, loss of a family member or wakeful newborns.

If you are able to help and be part of this support network please complete and return the form in this update notice or use the form which was sent home with children yesterday.

If you have any queries please contact Malia Delacey on 021 123 2393 or email [maliastowersdelacey@gmail.com](mailto:maliastowersdelacey@gmail.com)

## From the PTA

As you may know the PTA held its AGM last Tuesday and the first general meeting for the year. The position holders of the committee from the last few years decided it was time for a well-deserved break, so an entirely new set of position holders have come through.

I'd like to thank Carla (2 years service), Helen (2 years service), Leonie (3 years service) and Sarah (4 years service!) for their time on the committee, and I'm looking forward to continuing to see them at the committee meetings while we find our feet!

I would like to welcome the new position holders as follows:

Mairead Woods - Secretary

Kelly Peterson - Treasurer

Kirsty-Anne Singleton - Vice Chair

with myself, Buggy (Andrew) Shaw as Chair.

We have set the next meeting for the 20th of March. A reminder, that there is no formal joining of the PTA, as parents just come along on the day and have a say!

Many thanks,  
Buggy.  
027 523 7374

## St Peter's College Catholic School for Boys Years 7 – 13

**OPEN DAY**  
**For Year 7 Enrolments in 2019**  
**Tuesday 27<sup>th</sup> February 2018**  
**9.30am or 1.00pm**  
**In the College Hall**  
**(main entrance Mountain Road)**



## OPEN DAY

St Paul's College, 183 Richmond Road, Ponsonby  
**Thurs 8<sup>th</sup> March 2018. Sessions - 9.30am & 1.45pm**  
Assembly in the College Chapel, followed by tour  
Enrolments for Years 7, 8 and 9  
*Building Men of Courage since 1955*

## **GOOD SHEPHERD SCHOOL BULLYING PREVENTION AND RESPONSE PROCEDURES**

The prevention of bullying in schools and how schools respond to reported cases of bullying are areas that are of interest and concern to everybody in our country. We are fortunate to have 'The Good Shepherd Way' with the emphasis on the school values of *respect, care* and *honesty* to help us make our school a respectful and inclusive environment, but it is important that we continue to work together to ensure that our school is a model of best practice in bullying prevention and response. This is a shared responsibility where students, staff, parents, whānau and other members of the community all work towards the same goal. The first step is to ensure we have a shared understanding of what 'bullying' is, and the definition we have shared with our community in the past is:

***Bullying behaviour is not an individual action. Our school community agrees that:***

- ***Bullying is deliberate***
- ***Bullying involves a power imbalance***
- ***Bullying has an element of repetition***
- ***Bullying is harmful.***

***Bullying behaviours can be physical, verbal, or social, and can take place in the physical world or digitally.***

***Bullying is not an individual action. It involves up to three parties: initiators (those doing the bullying), targets (those being bullied) and often bystanders (those who witness the bullying).***

Our response procedures are very clear and are available on our school website. As always, we are open to feedback on this definition, or any other part of the procedures, from anyone in our community.

### **BARADENE COLLEGE – OPEN EVENING**

Held on Thursday 8 March, 2018 at 6.30 p.m. We welcome all prospective parents and students to visit the College. Entry at Gate 2 to the Auditorium.

**Enrolments for Year 7, 2019** are presently being accepted and will close on Thursday 22 March, 2018.

## **Good Shepherd School Aquatic Programme**

This week all the children at Good Shepherd School are participating in aquatic education sessions in our school pool. They are being provided by WaterSafe Auckland, an organisation that focuses on preventing drowning through education. Our sessions will be facilitated by Lynley Stewart, with assistance from classroom teachers. The sessions will run for the whole of Term 1. Each class will receive instruction in the pool and separate classroom sessions, relating to the following skills of water competence:

Safe entry, breath control, stationery surface (front float, tread water), water orientation (turn and roll), swimming competencies (on front and back), underwater competencies (surface dive, swim underwater), safe exit, use of life jackets, open water competencies, knowledge of local hazards, attitudes and behaviours. These extra sessions will enhance what we are already doing in aquatic safety and water education at Good Shepherd School.

For these sessions, the use of goggles will not be permitted. The reason for this is, if a child gets into an unsafe situation in open water, e.g. ocean, lake, river, they are unlikely to be wearing goggles. Statistics tell us that most preventable drownings occur in open water.

"In a drowning prevention context, water competence is the sum of all personal aquatic movements that help prevent drowning, as well as the associated water safety knowledge, attitudes and behaviours that facilitate safety in, on and around water." Moran (2012). A quote from Keith Moran, a leading researcher into drowning prevention at Auckland University.

If you have any questions please email Heather McLeod [hmcLeod@goodshepherd.school.nz](mailto:hmcLeod@goodshepherd.school.nz)

If you are able to assist in these sessions, e.g. by taking a group or getting into the pool, please let your classroom teacher know and they will give you the times of their specific sessions.

The aquatic education sessions will run alongside regular swimming sessions with classroom teachers in the school pool. In addition, we will again be sending our Year 3 and 4 students to a swimming school for an eight lesson intensive. They will be travelling to Mt Eden Swimming Pool and will be instructed by qualified swim coaches. A separate notice was sent out last Friday to the relevant families giving more information about this programme.



# PTA

"We make the difference"

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Good Shepherd School Parent Teacher Association 30 Telford Avenue, Balmoral, Auckland 1041

Dear Parents

Good Shepherd PTA, as part of its school community focus, has a Caring Committee that gives support to families within the school by providing meals, school lunches, baking and other services. Families can be in need for a variety of reasons such as sickness, loss of a family member or wakeful newborns.

### **We need your help...**

If you would like to be a part of this support network please complete the questionnaire below. Your involvement need only be what you can cope with, as with many volunteers the responsibility will be shared. The needs within the school community are varied and in most cases you may never be told the reason your assistance is needed.

If you can help us in any of the ways listed below, please check the relevant box and return this sheet to school as soon as possible. Alternatively, you could email Malia on [maliastowersdelacey@gmail.com](mailto:maliastowersdelacey@gmail.com) and list the way/s you are happy to help out. It is worth mentioning that quite often the most popular way in which assistance can be given is preparing a meal or baking so if you are thinking of which boxes to tick, then these could be it! We hope to call on you only once or twice a year.

Many thanks for your support.

### **The Good Shepherd School PTA Caring Committee**

If you have any queries please contact **Malia Delacey on 021 123 2393**

**Yes, I can help:** *(Please complete this form even if you have previously volunteered or email your response to Malia at [maliastowersdelacey@gmail.com](mailto:maliastowersdelacey@gmail.com))*

- I am able to prepare meals when needed
- I am able to do baking
- I am able to provide food parcels
- I am able to do babysitting
- I am able to drop or collect children to or from school
- I am able to assist with transport to and from appointments
- I am able to help with cleaning or domestic chores
- I am able to garden or mow lawns
- I am able to make an additional school lunch
- Other, please specify

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Child's name: \_\_\_\_\_



**PTA**

*"We make the difference"*

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Good Shepherd School Parent Teacher Association 30 Telford Avenue, Balmoral, Auckland 1041

### **Sushi Guidelines**

Our Good Shepherd children love their Sushi on a Friday!

Please read the following guidelines for ordering sushi.

Orders will be taken every **THURSDAY**

Orders can be placed in the "sushi mailbox" at the office any time during the school day on **THURSDAY**

Orders are processed overnight – **NO ORDERS** can be placed on Friday morning (this includes if your child is away on Thursday)

**Correct change only** – anything extra will be considered a donation to the school

**Please label your child's envelopes as below** otherwise your child may not receive the Sushi they prefer

Name of child ( <b>Jonny Cash</b> ) Child's class ( <b>Room 1</b> ) Sushi required ( <b>6 pack chicken</b> ) Amount enclosed ( <b>\$6</b> )
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#### **Sushi prices:**

4 pack Chicken, Tuna or Vege	\$5.00
6 pack Chicken, Tuna or Vege	\$6.00
8 pack Chicken, Tuna or Vege	\$7.00
Teriaki Chicken on Rice	\$6.00

Thank you for your help and support of this amazing fundraiser!

# Shrove Tuesday

Last Tuesday (13<sup>th</sup> February) Room 8 celebrated Shrove Tuesday. We spoke about why Shrove Tuesday is also called 'Pancake day'.



People used to make pancakes to get rid of their 'good' ingredients before Ash Wednesday, the beginning of Lent, to symbolise how Jesus spent 40 days in the desert.

We also spoke about Lent being a time of change and what Lenten promises we might make.

